

FITNESS COACHING

NOW HERE at DFC with Melinda Vance

We HELP you build

HEALTHY HABITS

that ALIGN with how you want to feel

EVERY DAY

We HELP you

FOCUS

On NON-SCALE

VICTORIES



Session Rates

- 3 1-hour sessions \$99
- 5 1-hour sessions \$125
- 10 1-hour sessions \$225



DEWITT FITNESS CENTER

FITNESS COACHING CLIENT INFORMATION

Name: _____

Phone #: _____ Preferred Days / Times: _____

OFFICE USE ONLY

Payment Method: _____

Check #: _____

Amount: _____

Date / Staff: _____